



Mag. Katharina Baier, MSc. (born 1986)

combines her communications, training and coaching background with her knowhow about body attention. She works for international companies in the field of personnel and organizational development.



Training, Coaching & Bodywork (Grinberg Method®)

Podcast Host: [Into the Unknown](#)

The reward of our work is not what we get, but what we become.

Languages: English & German

Areas of training & consulting	Education
<p>LEADERSHIP & ORGANIZATIONAL DEVELOPMENT</p> <ul style="list-style-type: none"> ▶ Key training areas: Communication, Emotional Intelligence & Leadership, Bodylanguage and VUCA ▶ Individual & Group Coaching ▶ Conceptual work for management development programs ▶ Personnel and organizational development ▶ Workshop facilitation <p>BODYWORK</p> <ul style="list-style-type: none"> ▶ Grinberg Method® (Level 2) 	<p>EDUCATION (UNIVERSITY)</p> <ul style="list-style-type: none"> ▶ Coaching, Organizational and Personell Development ▶ Communication Science <p>FURTHER EDUCATION</p> <ul style="list-style-type: none"> ▶ Body language ▶ Hypnosystemic Coaching & Constellation work